

Summary

Adult Education versus Career and Self-development Planning

The monograph entitled: *Adult Education versus Career and Self-development Planning*, edited by: Ewa Solarczyk-Ambrozik, Monika Christoph and Renata Konieczna-Woźniak, is a publication whose subject matter is focused, first of all, on two conceptual categories of contemporary importance, which are career and adult education.

The work of 24 authors resulted in a coherent study consisting of a number of detailed issues presented on the basis of contemporary career theories and concepts of adult education, as well as other related thematic areas, contexts and extremely interesting current research results.

The monograph consists of two complementary parts: *The Multi-faceted Dimension of Adult Education. Education for Career* and *Modern Educational and Professional Spaces and Career Planning. Career for Education*. This division both organizes the studies of the authors, as well as indicates the relationship between the key issues addressed in the book.

The first part begins with a text by Ewa Solarczyk-Ambrozik, which provides a basis for other studies. The author, referring to the earlier and most recent concepts of careers and career competences and a number of accompanying phenomena, has embedded the subject matter of the study in the dynamically occurring technological changes and the resulting new challenges of lifelong adult education. Subsequent texts, included in the first part of the monograph, concern many important phenomena such as: individualistic and collective orientations of academic youth during their transition to the labour market (Agnieszka Cybal-Michalska); changes in lifelong learning resulting from contemporary socio-cultural (re)constructions (Zbyszko Melosik); individual learning experiences in adult retrospection inspiring a reflection on the analysis of lifelong learning experiences of people born in the 1960s, the symptoms of the crisis of formal education subjected to a detailed analysis of the problems arising within it and affecting lifelong learning (Zdzisław Wołk); cyberparks constituting new places for learning, which connect urban green spaces with educational ones due to the objects with educational potential created in them (Agnieszka Kruszwicka, Maria Duszczyk, Michał Klichowski); the role of career counselling in the process of confirming learning outcomes (CLO) achieved outside the formal education system (Anna Bilon); adult vocational education, experiencing crisis for many years, which results in a deficit of well-prepared workers (Joanna Kozielska); concepts of d-learning and lifelong learning in China and their further challenges presented against the backdrop of current political thought, tradition and individual economic and social conditions (Anna Mańkowska); virtual space as a place of teachers' self-education, which requires permanent educational activity because of working with the generation of digital natives (Sylwia Polcyn); dealing with stress, and finally a current need of many employees and employers, i.e. dealing with stress

by means of educational activities which are to raise the competences of both sides in this respect (Żaneta Garbacik).

The second part of the monograph focuses particularly on analysing the issues of educational and professional space and planning various careers. The authors of the studies concentrated on the following problems: empowerment as a strategy for strengthening career resources by using it in consulting work (Małgorzata Rosalska); career (in) old age, analyzed from three perspectives and its culmination in the form of life satisfaction and positive balance (Renata Konieczna-Woźniak); the need to build a two-way, mutual relationship between a modern employer and employee, resulting from the ongoing changes in the sphere of professional work and contemporary directions of professional development (Monika Christoph); (re)construction of Work-Life Balance through generations in the labour market, which resulted in the emergence of new concepts of work-life integration or work-life blending (Anna Wawrzonek); scenarios for the work future as a catalyst for changes in the area of educational and professional counselling and career guidance generating a new quality of relations between a client and a vocational counsellor (Magdalena Barańska); talent management in contemporary organizations through the introduction of, among others, formal systems of effective talent management as a necessity and response to the challenges of organizational reality (Joanna Szłapińska); understanding of professional chaos on the labour market and the possibilities and limitations of assistance in career planning as a result ...? (Violetta Drabik-Podgórna); psychological determinants of entrepreneurial decisions and the role of entrepreneurship classes in the education of students of the humanities (Izabela Cytlak, Joanna Jarmużek); the place and role of civic guidance provided to adults in the context of lifelong counselling (Anna Kławsiuć-Zduńczyk); the functioning of young adults with ADHD/ADD in the context of challenges of the contemporary labour market, especially career planning (Sonia Wawrzyniak).

The monograph, by combining the diversity of subject matter with the indication of its relations with the discussed issues, shows the authors' openness and willingness to continue their exploration, trying to inspire the audience to their own reflection and personal view of the phenomena described in it.